

Helen Mann

Acting Resume



AREAS OF EXPERTISE

Voiceovers

Regional Accents

Lighting & Sound operating

Growling

Theatre movement

Fluent French

PROFESSIONAL

Equity member

Best Actress Award 2006
(Midlands Region)

AFTRA

PERSONAL DETAILS

Height; 5ft 6inches

Weight; 135 lbs

Build; Athletic

Eyes; Blue

Hair; Dark Brown

Age; 24

Role ages; 22 – 35

CONTACT DETAILS

Helen Mann
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Driving license: Yes

PERSONAL SUMMARY

A motivated, committed and talented actress with strong stage instincts and extensive formal training. Helen is a perfectionist who possesses a solid work ethic which compels her to keep tweaking a acting part until both she and her colleagues are fully satisfied with her performance. She is committed to achieving the highest standard of performance and is always willing to listen and learn from others. In the past she has worked alongside renowned figures in both studio and independent film company settings. She is energetic, prepared to 'go the extra mile' and is sure to make a real difference to any project she is involved in.

CREDITS

Film

	<i>Name</i>	<i>Character</i>
• Master Film Productions	Night Call	Karen - 2012
• FUJI Film	Every day	Michelle - 2011
• Left Film Productions	Ten seconds	Natalie Hill - 2009

Television

• Independent Film Company	Everyman	Car Salesperson - 2010
• North TV Productions	Full Time	East European - 2010
• Touchman Films	Big Break	Jane Bent - 2009

Theatre

• The Old Grey Lion	The Raven	Jill Canon - 2009
• Roving Theatre Company	Faithful Servant	Inn Keeper - 2009

KEY SKILLS AND COMPETENCIES

Music & dance

Sword fighting	Ballet	Country & Western
Period fencing	Hip Hop	Swing
Stage Combat	Piano playing	Ice skating

Dialects

North London	Midlands	Latino	Aristocratic
Scottish	Cockney	Mancunian	Southern American
Irish	Scouser	New Yorker	Welsh

Singing & vocal

Singing Baritone	Narrating	Classical singing
Voice improvisation	Whistling	Cartoon voices

ACADEMIC QUALIFICATIONS

Sparkbrook University 2005 - 2008

BA (Hons) Acting

Coventry Central College 2002 - 2005

A levels: Maths (A) English (B) Technology (B) Science (C)

REFERENCES – Available on request.

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