

Mary Brown Care Assistant

Dayjob Ltd
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PERSONAL STATEMENT

A well mannered, polite and hard working care assistant who is able to work closely with other healthcare professionals in any pressurised environment. Mary has an awareness, understanding and commitment to the protection and safeguarding of clients under her care, and has a long track record of not only maintaining service standards but also improving them. She has the hands on experience and technical expertise required to contribute to the on-going support of both patients and carers alike. She is committed to quality, always acts with integrity and is constantly striving to be the best at whatever she does. Right now she would like to work for a successful company that offers great opportunities for career development.

AREAS OF EXPERTISE

HEALTH CARE

- Providing confidentiality, dignity and privacy to patients at all times.
- Comprehensive understanding of residential, dementia and nursing care.
- Assisting in the implementation of treatment and care plans.
- Helping service users to maintain and develop social, self help, occupational and personal skills.
- Awareness of COSHH, Health and Safety, infection control regulations, Equal Opportunities, Data Protection, Risk management and confidentiality.
- Fully aware and respectful of a patient's rights, as well as their religious and cultural beliefs.
- Ability to record patient observations accurately and report any issues of concern.

PERSONAL

- Able to work within unpredictable circumstances.
- Can remain calm in difficult situations and support others at the same time.
- Experience of working with service users who have serious offending behaviours.
- Willing to undertake training needs and attend study days as appropriate.
- Good verbal, written and communication skills along with a excellent telephone manner.
- Physically fit and able to carry heavy loads and stand for long periods at a time.

CAREER HISTORY

Local Health Authority - Coventry

CARE ASSISTANT April 2009 – Present

Responsible for ensuring that people receive the very best standards of care and support at the centre and in their own home. Key duties include counselling, assisting with personal care, washing and bathing, administration of medication, meal preparation, light domestic duties and social activities.

Duties

- Taking and recording a patients temperature, pulse and respiration.
- Maintaining the comfort and dignity of patients at all times.
- Providing emotional support to patients and carers.
- Helping patients to dress and undress.
- Keeping all consultation rooms organised, tidy and well stocked.
- Preparing patients for examination.
- Supporting the work of qualified nurses.
- Chaperoning and escorting patients whilst they are in the health centre.
- Promoting independent living.
- Safeguard a patient's property and belongings.

Health Authority - Coventry

CARE ASSISTANT June 2008 – April 2009

ACADEMIC QUALIFICATIONS

Birmingham North College	2005 - 2008	NVQ Level 2 Health Care
Birmingham South School	2003 - 2005	A Levels: Maths (B) English (A) Physic (C) Geography (A)

REFERENCES – Available on request



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