

Care Assistant

Winston Bell, Dayjob Ltd, 120 Vyse Street, Birmingham B18
T: 0044 121 638 0026 - E: info@dayjob.com

PERSONAL STATEMENT

A highly experienced care assistant who is able to fully respect the privacy, dignity, needs and beliefs of patients and carers. Winston is a reliable worker with the ability to learn new concepts and skills quickly, and who is able to practice in accordance with agreed standards of care. He takes full responsibility for his own developmental learning and performance, and has a long track record of working in nursing and residential care homes as well as in the community. He can undertake the full range of caring duties, specifically working with clients who have mental health problems or learning disabilities. He also possesses a comprehensive awareness of the legal issues pertinent to the role of a Care Assistant. Right now he is looking for a suitable position that offers variety and opportunities to develop both personally and professionally.

Care work



Administering treatments
Manual handling
Safety techniques
CPR certificate
Devising care plans
Transporting patients

Personal



Empathetic
Punctual & reliable
Building relationships
Good listener
Social interaction
Trustworthy

Dynamic



High energy levels
Stamina
Heavy lifting
Good timekeeping
Highly motivated
'Can do' attitude

Smart



Coming up with ideas
Quick thinker
Tactful
Effective planning skills
Innovative
Report writing

CAREER HISTORY

Health Authority - Birmingham

CARE ASSISTANT Apr 2009 – Present

Apart from the duties listed below, also responsible for raising a client's awareness of their own health and well-being, and how it can be promoted. On top of this being in charge of recording information and activities undertaken with patients and carers in an accurate and timely fashion using manual or computer systems as appropriate.

Duties

- Supporting clients with their daily activities.
- Making clients comfortable in their own homes.
- Undertaking generic cleaning duties.
- Carrying out reception and clerical duties as required.
- Removing clinical waste and contaminated items to relevant collection areas.
- Reporting and recording any potential hazards and equipment repairs.
- Caring for a patient's property and clothing.
- Administering medical treatments to clients.

Local Authority - Coventry

CARE ASSISTANT Jan 2009 - Apr 2009

Health Authority - Birmingham

CARE ASSISTANT Aug 2007 - Jan 2009

KEY COMPETENCIES

- Able to listen effectively and demonstrate a sympathetic /sensitive approach.
- Can manage priorities under pressure.
- Knowledge of using manual handling procedures and lifting equipment to help with a clients mobility.
- Ability to adapt to new ideas, knowledge and skills.

ACADEMI QUALIFICATIONS

Birmingham North University: Nursing BA (Hons) - 2004 - 2007

City & Guilds: Care Work Diploma - 2004

Birmingham South College: A levels - Maths (B) English (A) Business Studies (B) - 2002 - 2004

REFERENCES

Available on request



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