



PERSONAL STATEMENT

A focused professional who is committed to safeguarding the medical needs, comfort, and emotional well being of patients under her care. She has superb communication skills that enable her to develop a good rapport with the patient's, their families, friends and visitors. Mary also possesses excellent observational skills, and is knowledgeable in a variety of specialist and complex fields such as; Paediatric nursing, Cardiac nursing & Midwifery. In all her previous roles she has acted as a positive role model for other staff. Right now she is keen to develop her knowledge across a range of nursing procedures/practices, & to achieve this she is looking for a suitable role with a forward thinking established organisation.

AREAS OF EXPERTISE

NURSING

- Maintaining an awareness of clinical and professional developments in nursing care.
- Always observing strict hygiene and safety rules and ensuring that visitors also observe them.
- Ensuring that the correct reporting and administrative procedures are followed.
- Preparing patients for surgery by administering drugs, anaesthetics and injections.
- Observant enough to be able to detect any changes in a patient's health.
- Working in community outreach programmes.
- Supervising student nurses and support workers in the giving of care.
- Maintaining, sterilising and laying out surgical equipment.

PERSONAL

- Able to maintain confidentiality of information relating to patients, staff & other Health Service business.
- Giving information, emotional support and reassurance to patients and relatives.
- Ability to maintain concentration for long periods under stressful conditions.
- Mentally and physically strong, able to deal with highly emotional situations.
- Promoting and upholding standards according to the highest codes of practice.
- Able to write reports and recommendations in an engaging and compelling way.

CAREER HISTORY

Local Health Authority - Coventry

NURSE April 2009 – Present

Responsible for leading and managing the nursing activities of a designated area of the hospital, ensuring a full and professional service is delivered to patients at all times in accordance with the hospital policies, all statutory regulatory requirements and within the available budgeting framework.

Duties

- Supervising and evaluating the delivery of nursing care.
- Planning a patients discharges from hospital and if required liaising with community nurses, GPs and social workers.
- Taking responsibility for the ward in the absence of senior staff.
- Utilising specialist medical and healthcare equipment.
- Responding quickly and effectively to episodes of verbal and/or physical aggression.
- Taking a patients pulse, blood pressure and temperature, also observing and recording the condition of patients.
- Ensuring that care plans are implemented and evaluated on a regular basis for every patient.
- Managing family planning and health clinics in partnership with other healthcare teams.
- Carrying out routine investigations and care procedures, such as administering medication, injections and intravenous infusions.

Health Authority - Coventry

TRAINEE NURSE June 2008 – April 2009

ACADEMIC QUALIFICATIONS

Birmingham North College	2005 - 2008	NVQ Level 2 Health Care
Birmingham South School	2003 - 2005	A Levels: Maths (B) English (A) Physic (C) Geography (A)

REFERENCES – Available on request



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