

Gary White

Care worker

AREAS OF EXPERTISE

Personal care

Supervising

Client assessment

Stress management

Home care

Reporting skills

Health & Safety

PROFESSIONAL

First Aid Certificate

CPR

Enhanced CRB

PERSONAL SKILLS

Patient

Sympathetic

Communicating

PERSONAL DETAILS

Gary White
34 Anywhere Road
Coventry
CV6 7RF

T: 02476 888 5544

M: 0887 222 9999

E: gary.w@dayjob.co.uk

DOB: 12/09/1985

Driving license: Yes

Nationality: British

PERSONAL SUMMARY

An adaptable, conscientious and enthusiastic care worker with experience in providing a professional care service to children, the elderly, sick & disabled patients. Having an excellent understanding of promoting privacy and dignity whilst enhancing independence and rehabilitation. A proven ability to deal with physically and emotionally demanding care patients and to successfully help them to retain, regain and develop skills needed for independent living.

Now looking for a new and challenging care worker position with a caring and reputable company.

WORK EXPERIENCE

Health Care Provider – Coventry

CARE WORKER June 2008 - Present

Working as part of a staff team providing and coordinates individualized care and resources to elderly and disabled care patients, so that they may continue to live independent lives in their homes and communities.

Duties:

- Helping clients with transportation, house cleaning, personal hygiene and meals.
- Providing care to clients in their own homes in also the community.
- Liaising with other healthcare professionals such as District Nurses and GPs.
- Excellent leadership qualities and supervisory experience.
- Assisting clients to get up then helping dress and prepare them for their day.
- Assisting service users with their environment & day to day activities.
- Monitoring blood pressure and other physical conditions, as required.
- Making recommendations for changes and improvements to a clients care.
- Organizing and assisting with recreational activities.
- Assist clients with their exercises, physiotherapy and other medical plans.
- Maintaining confidential client files preparing reports & information as required.
- Assisting with prescribed medication.
- Transporting Care patients to appointments and activities.

KEY SKILLS AND COMPETENCIES

- Ability to identify signs of illness or deteriorating health in a patient.
- Experience of shifts including days, nights, sleep in's on a temp to perm basis.
- Able to organize time and resources based on the individual needs of clients.
- Knowledge of all relevant legislation, policies and practices.
- Physically fit and able to lift and move care patients adequately.
- Compassionate and understanding as well as possessing cultural awareness.
- Experience of working in a patient's homes, nursing homes, children's facilities, hospices & rehab centers.

ACADEMIC QUALIFICATIONS

Health and Social Care NVQ/SVQ level 2

Nuneaton Central College 2005 - 2008

GCSE: Maths (A) English (B) Technology (B) Science (C)

Coventry Central School 2003 - 2005

REFERENCES – Available on request.

Copyright information - Please read

© This care worker [CV template](#) is the copyright of Dayjob Ltd August 2010. Jobseekers may download and use this CV example for their own personal use to help them create their own CVs. You are most welcome to link to this page or any other page on our site www.dayjob.com. However these CVs must not be distributed or made available on other websites without our prior permission. For any questions relating to the use of this CV template please email: info@dayjob.com.