

# Helen Brookes

## Paediatric Nurse CV

### AREAS OF EXPERTISE

*Children Nursing*  
*Dealing with emergencies*  
*Patient Care*  
*Organising Workloads*  
*Inpatient Care*  
*Accident & Emergency*  
*Clinical Procedures*  
*Infection Control*  
*Child Protection Issues*  
*Live in care*  
*Post Operation Care*  
*Administering Medication*

### PROFESSIONAL

*Registered with the NMC*  
*CRB Cleared*  
*German speaker*

### PERSONAL SKILLS

*Team orientated*  
*Student focused*  
*Relationship building*

### PERSONAL DETAILS

*Helen Brookes*  
*Dayjob Ltd*  
*The Big Peg*  
*Birmingham*  
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### PERSONAL SUMMARY

A caring, enthusiastic, well-motivated and confident professional who has a comprehensive understanding of how to deliver high quality paediatric care to young patients. Helen has extensive experience of working with children of all ages and who suffer from many different conditions. She has a passion to succeed, a proven track record of achievement and knows exactly what it takes to make a difference. A lifelong learner she does everything possible to keep up to date with the latest developments in paediatric care, hygiene and the general nursing profession. Right now she is looking for a suitable position with a reputable employer who will allow her to develop individually and professionally.

### CAREER HISTORY

#### **Hospital - Coventry**

PAEDIATRIC NURSE April 2009 - Present

Working as part of a multidisciplinary team of professional and medical staff that includes doctors and health visitors. Assisting paediatricians and other medical specialists in the diagnosis, observation, testing and treatment of young patients across the full cycle of paediatric healthcare.

#### **Duties:**

- Delivering patient centered care in accordance with pre-agreed care plans.
- Assessing, observing and reporting on the condition of patients.
- Writing up clear, accurate and legible patient documents and records.
- Dealing with the enquiries, concerns and complaints of children or their parents.
- Maintaining a patient Confidential and privacy and dignity at all times.
- Managing a patients care over various weeks.
- Communicating and explaining things to patients and their families.
- Taking their samples, pulses, temperatures and blood pressures.

**Hospital - Birmingham** PAEDIATRIC NURSE May 2008 – Mar 2009

**Health Centre - Dudley** TRAINEE NURSE May 2007 – May 2008

**Hospital - Birmingham** STUDENT NURSE May 2006 – Mar 2007

### KEY SKILLS AND COMPETENCIES

#### **Paediatric Nursing attributes**

- Working with children and young people who have complex care needs.
- Comprehensive knowledge of current issues related to the NHS.
- Able to work independently and as part of the paediatric multi-disciplinary team.
- Acting as a role model or mentor for junior nursing staff.
- Showing empathy to sick and vulnerable patients.
- Preparing patients for operations, doctor examinations and medical procedures.
- Administering drugs and injections.

### ACADEMIC QUALIFICATIONS

**Birmingham North University** 2003 - 2006  
Nursing BA (Hons)

**Birmingham South College** 2001 - 2003  
A Levels: Maths (B) English (A) Physic (C) Geography (A)

**REFERENCES** – Available on request.



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