

Maxine Curry

Mental Health Counsellor

AREAS OF EXPERTISE

Individual care
Support activities
Listening
Mental illness
Personality disorder
Autism

PROFESSIONAL

French speaker
First Aider

PERSONAL SKILLS

Discreet & Trustworthy
Resourceful
Team player
Building relationships

CONTACT

Maxine Curry
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Driving license: Yes
Nationality: British

PERSONAL SUMMARY

Maxine is confident in her abilities and dedicated to providing the very highest standards of care to those she treats. She has an excellent understanding of mental illness gained through her past work, volunteering and personal experience. In her current role she works as part of a multidisciplinary team and is the main clinical escalation point for the management of complex cases. On a personal level she is caring and attentive by nature with a genuine desire to help others. Right now she is looking for a suitable position with a reputable organisation.

WORK EXPERIENCE

Company name – Location

MENTAL HEALTH COUNSELLOR Jun 2013 – Present
Responsible for helping clients to adapt to ordinary life within the community by developing their coping skills rather than being institutionalised in a hospital or hostel.

Duties:

- Assisting clients to overcoming disadvantage, exclusion and social isolation.
- Working with other healthcare professionals, social workers, outreach workers, community support workers, drug action groups and youth offending services.
- Organising multidisciplinary treatment programmes for those with acute, long-term and respite mental healthcare needs.
- Acting as a link between service users, professionals and other service providers to ensure continuity of care.
- Supporting fellow qualified staff with the delivery of mental health care to patients.
- Providing psychotherapeutic interventions and mental health support to people with a wide range of needs.
- Answering clinical queries over the phone, via email or through correspondence.
- Completing all necessary administrative paperwork.
- Assessing new members of staff during their initial induction and shadowing period.
- Maintaining and managing a caseload of clients.

Company name - Location JOB TITLE Dates (i.e. Aug 2011 – Jun 2013)

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KEY SKILLS AND COMPETENCIES

- Able to work flexibly as part of a 24/7 rota including nights, weekends & day shifts.
- Experience of working with both adults and children from all walks of life.
- Can build strong and trusting relationships with people.
- Minimising disruption to the lives of those being cared for.

ACADEMIC QUALIFICATIONS

Nuneaton University **2008 - 2011**
BSc (Hons) Sales Management

Coventry Central College **2005 - 2008**
A levels:
Maths (A) English (B) Technology (B) Science (C)

REFERENCES – Available on request.



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